

Café Menu

Lunch:

-Soup of the Day-
Bowl 6.50 Cup 4.50

Try our house made soups. We offer both meat base and vegetarian/vegan options. Ask about our daily selections. Served with a side of bread.

Salads

Farm Fresh Salad
Main 7.00 Side 4.00

Mixed locally grown greens, carrots, cucumbers, sun-dried tomato, almonds, dried cranberries, and topped with feta cheese, choose from house made balsamic or citrus dressing. + chicken salad 3.00

-Caesar Salad-
Main 7.00 Side 4.00

Sandwiches

All sandwiches include a choice of house made old fashioned white, whole wheat, rye or baguette.

Gluten-free millet (white) or sorghum (multi-grain) bread + 1.00

+side of the week 2.50
+cup of soup with sandwich 3.00

-Build Your Own Sandwich-
Whole 7.75 Half 6.00

Meat: smoked ham, oven roasted turkey, or roast beef
Cheese: cheddar, swiss, pepperjack or provolone
Vegetables: spinach, red onion, cucumbers, tomato, shredded carrots
Condiments: chipotle mayo, mayo, yellow mustard, or spicy mustard
All sandwiches come with crisp mixed greens. Option to sub avocado for meat

-Chicken Salad Sandwich-
Whole 8.00 Half 6.00

Fresh hand-shredded chicken, golden raisins, toasted almonds, and crispy spinach. served on a fresh baguette with spinach.

-Bacon Lettuce Tomato Sandwich-
Whole 8.00 Half 6.00

-Grilled Cheese-
Whole 8.00 Half 6.00
Choose 3 cheeses:

provolone, swiss, pepper jack, old fashioned cheddar
ham or turkey for 1.00 or tomato, onion, or spinach for .50

-Reuben-
Whole 8.00 Half 6.00

Grilled house made rye, corned beef, swiss cheese, house made naturally fermented sauerkraut and thousand island dressing.

-Veggie Wrap-
Whole 8.00 Half 6.00

Cucumbers, shredded carrots, red onions, red ripened tomatoes, spinach with toasted almonds
Choice of : chipotle mayo, mayo, yellow mustard or spicy mustard.
cheese or hummus for .50

*All sandwiches served with chips

Cafe Hours- Open everyday 7am-5pm

Café Menu

Breakfast:

-House Bagel-
3.00

Try one of our fresh baked sesame, onion, or plain bagel. + cream cheese or jam for .50

-Bagel and Lox-
9.50

Fresh salmon lox served with tomato, red onion, capers and cream cheese on your choice of sesame, onion, or plain bagel.

-Biscuits and Gravy-
6.00

House sausage gravy served over our fresh baked vegan biscuits.
+ egg 7.50
+ egg & bacon 8.50

-Breakfast Sandwich-
7.00

Choice of biscuit or bagel: plain, sesame, or onion
Egg: regular scrambled or using egg whites only
Meat: applewood bacon, smoked ham or sub avocado
Cheese: old fashioned cheddar, swiss, pepper jack or provolone
Vegetables: choice of 2: tomatoes, red onion, spinach, shredded carrots, or mixed greens.

-Breakfast Bowl-
7.00

Scrambled eggs or egg whites, breakfast potatoes with onions, and your choice of avocado or bacon served in a bowl on a bed of spinach.

-Old Fashioned Plate-
7.00

A warm plate of scrambled eggs, breakfast potatoes with onions, your choice of ham or 2 slices of bacon with a side of toast.

-Breakfast Burrito-
7.00

Fried egg, homemade salsa, cheddar cheese, bacon, potatoes & onion wrapped in a warm tortilla.
Your choice of hot or mild salsa.

-Sourdough Belgium Waffle-
5.00

House made Belgium style waffle served with butter and maple flavored syrup
+ real maple syrup 2.00 + whipped cream, chocolate sauce, chocolate chips, bananas, or nuts .75
+ fried egg on top 1.50
+ avocado or bacon 1.50

-House Made Granola-
6.00

Gluten-free oats, coconut, almonds, vanilla, and cranberries.
Served with milk
+milk alternatives- (rice, soy, hemp, oat, coconut, almond) .50
+Greek yogurt 1.00

-Warm Biscuit-
3.00

Fresh baked vegan biscuits
+.50 for cream cheese, peanut butter, jelly or honey